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147

## ONTRIBUTION TO THE ENERGETICS OF EVOLUTION\*

By Alfred J. Lotka

School of Hygiene and Public Health, Johns Hopkins University Communicated, May 6, 1922

It is been pointed out by Boltzmann¹ that the fundamental object of Conduction in the life-struggle, in the evolution of the organic world, is available energy.² In accord with this observation is the principle³ that, in the struggle for existence, the advantage must go to those organisms—whise energy-capturing devices are most efficient⁴ in directing available every into channels favorable to the preservation of the species.

The first effect of natural selection thus operating upon competing species will be to give relative preponderance (in number or mass) to the most efficient in guiding available energy in the manner indicated. It is a path of the energy flux through the system will be affected.

But the species possessing superior energy-capturing and directing demost may accomplish something more than merely to divert to its own advantage energy for which others are competing with it. If sources accuresented, capable of supplying available energy in excess of that actually being tapped by the entire system of living organisms, then an opertunity is furnished for suitably constituted organisms to enlarge the facil energy flux through the system. Whenever such organisms arise, actural selection will operate to preserve and increase them. The reaction of organic nature along a new path, but an increase of the total for through that system.

Again, so long as sources exist, capable of supplying matter, of a character suitable for the compositon of living organisms, in excess of that adually embodied in the system of organic nature, so long is opportunity famished for suitably constituted organisms to enlarge the total mass of the system of organic nature. Whenever such organisms arise, natural section will operate to preserve and increase them, provided always that there is presented a residue of untapped available energy. The result will be to increase the total mass of the system, and, with this total mass, also the total energy flux through the system, since, other things emal, this energy flux is proportional to the mass of the system.

Where a limit, either constant or slowly changing, is imposed upon the total mass available for the operation of life processes, the available energy per unit of time (available power) placed at the disposal of the organisms, for application to their life tasks and contests, may be capable of increase by increasing the rate of turnover of the organic matter through the life cycle. So, for example, under present conditions, the United States produce annually a crop of primary and secondary food amounting to

of proper motions relative to the sun interesting in them insignificant, and we find that what esolute magnitude, if the velocity of the

-locity-distribution of stars having very

gure 2 are plotted the projections in the  $x_{ij}$ 

laving space motions larger than 100 km

ane of the velocities of stars having a speed greater

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+400

e of the first quadrant in the xy plane. No km./sec. is moving in this direction, but moving toward the third quadrant, a result by Adams and Joy<sup>3</sup> for stars of high radial

roph. J., Chicago, 53, 1921 (13). oc., 79, 1919 (201). roph. J., 49, 1919 (179). ouis Exposition Congress, 1904.

section, 1907, p. 614. A summary of the Theories trents and the Structure of the Universe, London, 1911

en. 209, 1918.

about 1.37 × 1014 kilogramcalories per annum, enough to support a popula tion of about 105 million persons (equivalent to about 88 million adults at the present rate of food consumption (4,270 kilogram-calories per adult per day). Suppose, as a simple, though rather extreme illustration that man found means of doubling the rate of growth of crops, and of growing two crops a year instead of one. Then, without changing the average crop actually standing on the fields, the land would be capable of supporting double the present population. If this population work attained, the energy flux through the system composed of the human population and the organisms upon which it is dependent for food, would also be doubled. This result would be attained, not by doubling the mass of the system (for the matter locked up in crops, etc., at a given moment would be, on an average, unchanged) but by increasing the velocity circulation of mass through the life cycle in the system. Once more it is evident that, whenever a group of8 organisms arises which is so conshtuted as to increase the rate of circulation of matter through the system in the manner exemplified, natural selection will operate to preserve and increase such a group, provided always that there is presented a residual of untapped available energy, and, where circumstances require it, also a residue of mass suitable for the composition of living matter.

To recapitulate: In every instance considered, natural selection will so operate as to increase the total mass of the organic system, to increase the rate of circulation of matter through the system, and to increase the total energy flux through the system, so long as there is presented an unitized residue of matter and available energy.

This may be expressed by saying that natural selection tends to make the energy flux through the system a maximum, so far as compatible with the constraints to which the system is subject.

It is not lawful to infer immediately that evolution tends thus to public this energy flux a maximum. For in evolution two kinds of influences are at work: selecting influences, and generating influences. The former select, the latter furnish the material for selection.

If the material furnished for selection is strictly limited, as in the Cast of a simple chemical reaction, which gives rise to a finite number of products, the range of operation of the selective influences is equally limited

In the case of organic evolution the situation is very different the have no reason to suppose that there is any finite limit to the number of possible types of organisms. In the present state of our knowledge of rather our ignorance, regarding the generating influences that funds material for natural selection, for organic evolution, an element of unter tainty enters here. It appears, however, at least a priori probable that among the certainty very large (if not infinite) variety of types presented for selection, sooner or later those will occur which give the opportunity for

action to operate in the direction indicated, all mass of the system, the rate of circulation and the total energy flux through the system, the law of selection becomes also the law Evolution, in these circumstances, proceeds total energy flux through the system a manastraints.

We have thus derived, upon a deductive b wer to a question proposed by the writer as there pointed out that the influence of ; cies in the compelitive struggle, seems to I gulation of matter through the life cycle, bot I by causing it to "spin faster." The question a has been unconsciously fulfilling a law of me physical quantity in the system tends to w made to appear probable; and it is found mestion is of the dimensions of power, or en ted by the writer on an earlier occasion.11 't may be remarked that the principle of 1 forth bears a certain outward resemblance Ostwald:12 "Of all possible energy transf e, which brings about the maximum transf principle of Ostwald's, however, is based o n those here brought forward. It is not o articular, its application to systems of the appear warranted.

illendum. Since the paragraphs above we ded from the booksellers a copy of Profe Mechanism of Life" (1921), in which (less on matters closely related to those tone draws, however, a somewhat diff In living processes the increase of entropy lat this is true, primarily, of plants; but I selection must work toward the weeding activities, and thus toward the consequents to the same thing, toward ret is perhaps not wholly convincing, for the perhaps in a world peopled with a purertainly seem to be an acceleration of the last, life must have tended to increase

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num, enough to support a per elent to about SS million ad. 4,270 kilogram-calories per a gh wither extreme illustrat rate of growth of crops, and . Then, without changing elds, the land would be cap. If this population : vstem composed of the hurit is dependent for food, w. ained, not by doubling the m. crops, etc., at a given monit by increasing the velocity in the system. Once more misms arises which is so conn of matter through the system on will operate to preserve and hat there is presented a reside circumstances require it, ala of living matter.

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strictly limited, as in the case ise to a finite number of proinfluences is equally limitation is very different. We finite limit to the number to state of our knowledge, uting influences that furnioulution, an element of uncolleast a priori probable that e) variety of types present thich give the opportunity in stiple to operate in the direction indicated, namely so as to increase the black names of the system, the rate of circulation of mass through the system and the total energy flux through the system. If this condition is satisfied the law of selection becomes also the law of evolution:

Evolution, in these circumstances, proceeds in such direction as to make the trail energy flux through the system a maximum compatible with the containts.

We have thus derived, upon a deductive basis, at least a preliminary answer to a question proposed by the writer in a previous publication. The there pointed out that the influence of man, as the most successful speeds in the competitive struggle, seems to have been to accelerate the circulation of matter through the life cycle, both by "enlarging the wheel," and y causing it to "spin faster." The question was raised whether, in this, man has been unconsciously fulfilling a law of nature, according to which some physical quantity in the system tends toward a maximum. This is not make to appear probable; and it is found that the physical quantity inquestion is of the dimensions of power, or energy per unit time, as was harded by the writer on an earlier occasion. 11

It may be remarked that the principle of maximum energy flux here controlled by Ostwald: "Of all possible energy transformations, that one takes place which brings about the maximum transformation in a given time." This principle of Ostwald's, however, is based on entirely different grounds from those here brought forward. It is not of general applicability, and in particular, its application to systems of the kind here considered does whappear warranted.

ildendum. Since the paragraphs above were penned, the writer has relieved from the booksellers a copy of Professor J. Johnstone's book, The Mechanism of Life" (1921), in which (pp. 217-221) that author touches on matters closely related to those here discussed. Professor formstone draws, however, a somewhat different conclusion, namely that "In living processes the increase of entropy is retarded." He points out that this is true, primarily, of plants; but that among animals also we real selection must work toward the weeding out of unnecessary and with activities, and thus toward the conserving of free energy, or, what amounts to the same thing, toward retarding energy dissipation.

This is perhaps not wholly convincing, for the first effect of the advent of Amimal organisms in a world peopled with a purely vegetable population, would certainly seem to be an acceleration of the process of dissipation. It appears, therefore, that at certain stages in the evolution of the system, of the least, life must have tended to increase rather than decrease dissipation. And even if animals ultimately evolve in the direction of de-

as compared with plants, and, to make Professor Johnstone's argument conclusive, it would seem necessary to show, not merely that the animal organism evolves in that direction, but that the system of Coupled transformers, plant and animal, as a whole has so evolved.

Professor Johnstone's conclusion is, however, not essentially incompatible with the one developed in this paper. Where the supply of available energy is limited, the advantage will go to that organism which is not efficient, most economical, in applying to preservative uses such energy it captures. Where the energy supply is capable of expansion, efficient or economy, though still an advantage, is only one way of meeting the fit uation, and, so long as there remains an unutilized margin of available energy, sooner or later the battle, presumably, will be between two groups or species equally efficient, equally economical, but the one more app than the other in tapping previously unutilized sources of available energy.

There is here a problem that will call for further investigation. In par ticular, it remains to be established just what is the significance of the phrase "compatible with the constraints" which, in the presentation had given, modifies the maximum principle enunciated. The present communication is intended rather a preliminary than as an attempt to say the last word on the subject. More detailed discussion is planned for another occasion.

\* Papers from the Department of Biometry and Vital Statistics, School of Hy, and Public Health, Johns Hopkins University, No. 59.

<sup>1</sup> Der zweite Hauptsatz der mechanischen Warmetheorie, 1886 (Gerold, Vienna).; Populäre Schriften, No. 3, Leipsic, 1905; Nernst, Theoretische Chemie, 1913.; Burns and Paton, Biophysics, 1921, p. 8, H. F. Osborn, The Origin and Evolutife, 1918, p. XV.

<sup>2</sup> Compare also Sir Oliver Lodge, Life and Matter, 1906, pp. 139, 140.

<sup>2</sup> Lotka, A. J., Ann. Naturphil, 1910, pp. 67, 68; Proc. Nat. Acad., Sci., 1921, pp. 195.

4 Lotka, A. J., Proc. Washington Acad., 5, 1915, pp. 360, 397.

\* The term energy flux is here used to denote the available energy absorbed by a dissipated within the system per unit of time.

As, for example, if the total mass of the system is capable of accretion, but only a limited velocity, in which case the phenomenon of a moving equilibrium may printed. Compare Lotka, A. J., Proc. Nat. Acad. Sci., 7, 1921, p. 168.

<sup>7</sup> Pearl, R., The Nation's Food, 1920, pp. 218, 203, 258, 80, 245; Amer. J. Hyg:-1921, p. 598.

8 Owing to the fact that in existing organisms the anabiotic and catabiotic fundare very largely segregated in different types (plants and animals), evolution will operate upon systems or groups of at least two species, one species of autotrophic bions, and one of heterotrophic catabions.

9 Compare Lotka, A. J., Amer. J. Sci., 24, 1907, pp. 204, 216.

10 Lotka, A. J., Proc. Nat. Acad. Sci., 7, 1921, p. 172.

n Idem., Ann. Naturphil., 1910, p. 70. It is there suggested that the continuerry transformations associated with the maintenance of a steady state would ably be found to play the dominant rôle, while any "latent heat" effect as-

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change in the distribution of matter among the several species composing the would probably play a subordinate rôle; in contrast with the condition of affairs in ordinary physico-chemical systems. This is an obvious inference from the ation that the several species of organisms are distinguished much more by structure effectives than by differences in chemical composition.

twald, W., Lehrbuch der allgemeinen Chemie, 1892, vol. 2, p. 37; Siebel, J. E. ed of Mechanical Refrigeration, 1915, p. 88. For a discussion of the validity and one of Ostwald's principle see Helm G., Die Energetik, 1898, pp. 248; Neumann, Giger Berichte, 1892, p. 184.

at living organisms may be capable of retarding the energy flux through the systature was suggested by the present writer in Ann. Naturphil., 1910, p. 60. Instone, J., The Mechanism of Life, 1921, p. 220.

## XATURAL SELECTION AS A PHYSICAL PRINCIPLE\*

By Alfred J. Lotka

School of Hygiene and Public Health, Johns Hopkins University Communicated May 6, 1922

In a paper presented concurrently with this, the principle of natural children, or of the survival of the fittest (persistence of stable forms), a complexed as an instrument for drawing certain conclusions regarding the couplies of a system in evolution.

Ande from such interest as attaches to the conclusions reached, the

The principle of natural selection reveals itself as capable of yieldthiormation which the first and second laws of thermodynamics are the competent to furnish.

When fundamental laws of thermodynamics are, of course, insufficients determine the course of events in a physical system. They tell with certain things cannot happen, but they do not tell us what does

The freedom which is thus left, certain writers have seen the opportunity the interference of life and conciousness in the history of a physical System. So W. Ostwald observes that "the organism utilizes, in manyful was the freedom of choice among reaction velocities, through the influence catalytic substances, to satisfy advantageously its energy requirement." Sir Oliver Lodge also, has drawn attention to the guidance by the influence of available energy. H. Guilleminot sees the influence life upon physical systems in the substitution of guidance by that in place of fortuitous happenings, where Carnot's principle leaves the Gall of events indeterminate. As to this, it may be objected that it is the expression of our subjective ignorance, our lack of com-

plete information, or else our deliberate ignoring of some of the factors that actually do determine the course of events. Admitting, howelle broadly, the directing influence of life upon the world's events, within the limits imposed by the Mayer-Joule and the Carnot-Clausius proposed it would be an error to suppose that the faculty of guidance which the'established laws of thermodynamics thus leave open, is a peculiar flerogature tive of living organisms. If these laws do not fully define the course events, this does not necessarily mean that this course, in nature, was ually indeterminate, and requires, or even allows, some extra physical influence to decide happenings. It merely means that the laws as formulated, take account of certain factors only, leaving others out of wandsation; and that the data thus furnished are insufficient to yield an unam biguous answer to our enquiry regarding the course of events in a physical system. Whether life is present or not, something more than the first and second laws of thermodynamics is required to predict the course of events. And, whether life is present or not, something definite does happy the course of events is determinate, though not in terms of the first and second laws alone. The "freedom" of which living organism avail themselves under the laws of thermodynamics is not a freedom in fact but a spurious freedom's arising out of an incomplete statement of the plus. ical laws applicable to the case. The strength of Carnot's principle is also its weakness: it holds true independently of the particular motherwise or configuration of the energy transformer (engine) to which it is applied; but, for that very reason it is also incompetent to yield essential tathavial tion regarding the influence of mechanism upon the course of events. In the ideal case of a reversible heat engine the efficiency is independent of the mechanism. Real phenomena are irreversible; and, in particular, trigger action, which plays so important a rôle in life processes 115 & typically irreversible process, the release of available energy from a "false" equilibrium. Here mechanism is all-important. To deal with profilew presented in these cases requires new methods,8 requires the introductry into the argument, of new principles. And a principle competent by th tend our systematic knowledge in this field seems to be found in the prin ciple of natural selection, the principle of the survival of the fittest, oi ) to speak in terms freed from biological implications, the principle of the persistence of stable forms.

For the battle array of organic evolution is presented to our view an assembly of armies of energy transformers—accumulators (plant) and engines (animals); armies composed of multitudes of similar with the individual organisms. The similarity of the units invites statistical treatment, the development of a statistical mechanics of which the voit shall be, not simple material particles in ordinary reversible coinsion of the type familiar in the kinetic theory, collisions in which action and reserves

gignoring of some of the of events. Admitting. on the world's events, w. the Carnot-Clausius pr. faculty of guidance which eave open, is a peculiar :do not fully define the nat this course, in naturven allows, some extra: ly means that the laws, a. ly, leaving others out of coare insufficient to yield at: the course of events in a pl , something more than the equired to predict the conot, something definite does it. igh not in terms of the fir f which living organisms amics is not a freedom in .. ncomplete statement of the: strength of Carnot's princi: ntly of the particular mechar (engine) to which it is ap: etent to yield essential inforupon the course of eventthe efficiency is independent irreversible; and, in part tant a rôle in life processes f available energy from a "i... ortant. To deal with pro! hods,8 requires the introduct nd a principle competent t d seems to be found in the; the survival of the fittest, .: olications, the principle of

of the units invites statial mechanics of which the cordinary reversible collisions in which action and france equal; the units in the new statistical mechanics will be energy from the subject to irreversible collisions of peculiar type—collisions trigger action is a dominant feature:

When the beast of prey A sights its quarry B, the latter may be said to court the field of influence of A, and, in that sense, to collide with A. The encepthal enters the eye of A in these circumstances may be insignificant, but it enough to work the relay, to release the energy for the fatal encepter And because evolution works with armies built up of similar on its he seemingly erratic workings of the relay mechanism (in which action are not equal, and seem subject to no simple general layer not, in effect, erratic, but range themselves according to law and ends for those species of units, those types of transformers, are picked out for survival, whose mechanism possesses certain definite properties. Thus the principle of natural selection makes its entry into dynamics.

Author elaboration of these concepts must be reserved for a future buston.

The systems evolving toward a true equilibrium (such as thermally and much mically isolated systems, or the isothermal systems of physical chemistry) the first and second laws of thermodynamics suffice to determinate of any rate the end state; this is, for example, independent of the amount of any purely catalytic substance that may be present. The first and the second law here themselves function as the laws of selection and evolution, as has been recognized by Perrin's and others, and exemplified in some cital by the writer, for the case of a monomolecular reversible reaction. 10

But systems receiving a steady supply of available energy (such as the cardilluminated by the sun), and evolving, not toward a true equilibrium, but (probably) toward a stationary state, the laws of thermodynamics are an important to determine the end state; a catalyst; in general, does the final steady state. Here selection may operate not only among true ments taking part in transformations, but also upon catalysts, in solutionar upon auto-catalytic or auto-catakinetic constituents of the system Such auto-catakinetic constituents are the living organisms, and the fam, therefore the principles here discussed, apply.

That the principle of selection is competent to yield information beyou the scope of the laws of thermodynamics has been very clearly set
for independently, by H. Guilleminot.<sup>12</sup> The present writer has
low realized that the principle is capable of such application; that it
functions, as it were, as a third law of thermodynamics (or a fourth, if the
last explicitly stated the case, this is mainly because his writings have
followed a definite, systematic plan, announced in his early publications.<sup>13</sup>
Utwing evolution as a change in the distribution of matter among the
townents of a physical system, the study of evolution naturally di-

etry of evolution, deals with mass relations: the relative amounts of the different species of matter present, and the changes in these amounts the kinetics of evolution. The second field of study is the dynamics of energetics of evolution, the scope of which is sufficiently indicated by the terms. It appeared desirable to lay the foundation of the first, as the more elementary, of these fields, before proceeding to a systematic exposition of the second. This is the plan which has been closely followed by the writer in the past, and which it is hoped to develop in greater complete and in the future. Material held in reserve, and relating to the dynamics of evolution, will then be brought forward in its proper place. The private issue of this advance sheet is prompted by a recent reading of Childenius book, which, through a series of mishaps, has only recently come to the writer's hand.

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\*Papers from the Department of Biometry and Vital Statistics, School and Public Health, Johns Hopkins University, No. 60.

1 These Proceedings, 8 p. 147.

<sup>2</sup> Ostwald, W., Vorlesungen über Naturphilosophie, 1902, p. 328.

3 Sir Oliver Lodge, Life and Matter, 1906, p. 144.

4 Ibid., pp. 148, 149; Nature, 67, p. 595; 68, p. 31.

5 Guilleminot, H., La Matière et la Vie, 1919, p. 121, et passim.

<sup>6</sup> This remark must be understood to apply only to that freedom which arise the incompleteness of the first and second law as determinants of the course. The writer does not here take sides, one way or another, in the controversical free will, determinism, vitalism as distinguished from mechanistic conception.

<sup>7</sup> Compare Lotka, A. J., J. Washington Acad. Sci., 2, 1912, p.7 1; Guille :: loc. cit., p. 115; Johnstone, J., The Mechanism of Life, 1921, p. 49.

8 Lotka, A. J., Proc. Nat. Acad. Sci., 7, 1921, pp. 194, 196.

\* Perrin, J., Traité de Chimie, 1903, vol. 1, pp. 142-143; Chowlson, O. D., Leise, Physik., 1905, vol. 3, p. 499; Scientia, 3, 1910, p. 51; Lotka, A. J., Science Pr. 1920, p. 406.

10 For recent substantiation of some of the details of the presentation these Baly, E. C. C., Nature, vol. 109, 1922, p. 344.

D'Arcy Thompson (Growth and Form, 1917, p. 132) attributes the resolo of this concept to Chodat, quoted by Monnier, A. (Publ. Inst. Bot. Univ. (7)-III, 1905. There seem to be, however, some earlier indications of thought. The following bibliography, which makes no pretense of compleculed from works ready at hand: Errera, L., Revue de l' Université de Resolve 1899-1900. May issue; Ostwald, W., Vorlesungen über Naturphilosophie, 1902 et seq.; Bastian, H. C., The Nature and Origin of Living Matter, 1905, p. W. Robertson, T. B., Arch. Entwickelungsmechanik Org., 25, 1908, p. 581, 25, p. 1904, Wo., Die zeitlichen Eigenschaften der Entwickelungsvorgänge, 1908; illenat. Rec., 5, 1911, p. 373; Enriques, Biol. Centralbl., 1909, p. 337; Lot. Z. physik. Chem., 72, 1910, p. 511; 80, 1912, p. 159; J. Phys. Chem., 14, 1911. Proc. Nat. Acad. Sci., 6, 1920, p. 275; Pearl, R., Amer. J. Hygiene, 1, 1921. p.

Guilleminot, H., loc. cit., p. 118, 154, et passim.
 Lotka, A. J., Am. J. Sci., 24, 1907, p. 216; Ann. Naturphil., 1910, p. 74